

# Manage Chronic Kidney Disease (CKD) with Expert Urology Care – Dr. Raghvendra Kashyap, Ahmedabad

## **Manage Chronic Kidney Disease (CKD) with Expert Care!**

CKD can worsen silently – but with the right urology guidance, you can live healthier and longer.

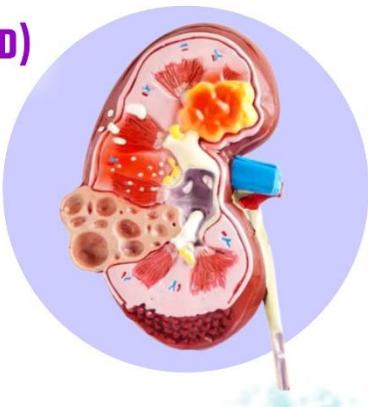
### **Symptoms to Watch:**

- Swelling in legs
- Fatigue
- Changes in urination

### **Our CKD Care Includes:**

- Regular check-ups
- Medication & BP control
- Diet & lifestyle guidance

Protect your kidneys before it's too late!



Contact for more information

**+91 97129 19108**

• Narayana Multispeciality Hospital, Police Station, Cross Rd, Near Chakudiya  
• Mahadev Road, Opp. Rakhial, Rakhial, Ahmedabad, Gujarat 380023  
• B 234-238 Second Floor, City Centre Arcade, Near SRP Camp, Near Naroda Patiya,  
• Krishnanagar, Naroda, Ahmedabad, Gujarat 382346



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Kidneys play a vital role in filtering waste and excess fluid from the blood. When this function gradually deteriorates, it leads to **Chronic Kidney Disease (CKD)**—a serious condition that affects millions of people worldwide. Often called a "silent disease," CKD may show little to no symptoms in the early stages but can progress to kidney failure if left untreated.

**Dr. Raghvendra Kashyap**, one of Ahmedabad's most trusted and experienced urologists, offers specialized care for patients suffering from CKD. His focus on early diagnosis, preventive care, and lifestyle management helps patients avoid dialysis and maintain a better quality of life.

## **□ Understanding Chronic Kidney Disease (CKD)**

Chronic Kidney Disease occurs when your kidneys gradually lose their function over time. It is often linked to conditions like:

- **High blood pressure**
- **Diabetes**
- **Recurring kidney infections**
- **Genetic disorders**
- **Excess use of painkillers or harmful drugs**

Once kidney function drops below 15% of normal, the condition becomes life-threatening and may require dialysis or a transplant.

## **Warning Signs and Symptoms of CKD**

CKD is dangerous because it may go undetected in its early stages. Look out for the following symptoms:

- Swelling in the legs, feet, or ankles (due to fluid retention)
- Constant fatigue, weakness, or tiredness
- Increased or decreased urination
- Puffiness around the eyes
- Shortness of breath
- Metallic taste in the mouth or loss of appetite
- High blood pressure that is difficult to control
- Nausea or vomiting in advanced stages

If you or someone in your family has **diabetes, hypertension, or a history of kidney disease**, regular screening is highly recommended.

## **Comprehensive CKD Care by Dr. Raghvendra Kashyap**

At the clinics in Ahmedabad, **Dr. Raghvendra Kashyap** offers personalized, evidence-based care for every stage of CKD. His management approach includes:

### **1. Detailed Evaluation and Diagnosis**

- Blood tests (eGFR, creatinine, urea)
- Urinalysis to check for protein leakage
- Kidney ultrasound
- Blood pressure and sugar level monitoring
- Family history assessment

### **2. Regular Follow-ups and Monitoring**

- Monthly/quarterly check-ups based on the CKD stage
- Kidney function tracking
- Monitoring of other organ functions (heart, liver)

### **3. Medication and Blood Pressure Control**

- Use of kidney-safe medications
- Strict blood pressure control to slow CKD progression
- Anemia and vitamin D management
- Prevention of further damage

## 4. Dietary and Lifestyle Modifications

- Low-protein, low-sodium diet plans tailored by specialists
- Fluid intake regulation
- Avoidance of nephrotoxic medications
- Diabetic-friendly lifestyle planning
- Weight control and physical activity recommendations

## 5. Emotional and Psychological Support

- CKD can take an emotional toll; our care includes counseling and mental health support for patients and families.

## About Dr. Raghvendra Kashyap – Urology Specialist

Dr. Raghvendra Kashyap (MBBS, MS, M.Ch – Urology) is a renowned name in the field of urology with years of experience managing kidney disorders, urological cancers, and urinary tract issues. He is known for:

- Evidence-based, holistic treatment approaches
- Patient-first attitude and detailed consultations
- Special expertise in early-stage CKD management to prevent dialysis
- Latest diagnostic tools and minimally invasive procedures

## Clinic Locations in Ahmedabad

### Narayana Multispeciality Hospital

[Near Chakudiya Mahadev Road, Opp. Rakhial, Rakhial, Ahmedabad – 380023](#)

### City Centre Arcade (2nd Floor)

[Second floor, centre arcade, B 234-238, near SRP camp, near naroda patiya, Krishnanagar, Naroda, Ahmedabad, Gujarat 382346](#)

Both clinics are equipped with diagnostic facilities, comfortable waiting areas, and an efficient support team to guide you through every step.

## Book Your Consultation Today

If you are at risk of kidney disease or already diagnosed with CKD, don't delay treatment. Early detection and proper guidance can help you **avoid dialysis and live a full, healthy life.**

 **Call Now: +91 97129 19108**

 **Visit or follow us:** [https://www.narayanahealth.org/c/ahmedabad/urology/dr-raghvendra-kashyap?utm\\_source=Googlemaps&utm\\_medium=GMB](https://www.narayanahealth.org/c/ahmedabad/urology/dr-raghvendra-kashyap?utm_source=Googlemaps&utm_medium=GMB)

## **Protect Your Kidneys Before It's Too Late**

Ignoring early signs of kidney disease can lead to permanent damage. With expert care from **Dr. Raghvendra Kashyap**, you can control the disease and prevent complications.